

Do It Anyway The New Generation Of Activists

Are we living the good life—and what defines 'good', anyway? Americans today are constructing a completely different framework for success than their parents' generation, using new metrics that TEDWomen speaker and columnist Courtney Martin has termed collectively the "New Better Off". The New Better Off puts a name to the American phenomenon of rejecting the traditional dream of a 9-to-5 job, home ownership, and a nuclear family structure—illuminating the alternate ways Americans are seeking happiness and success. Including commentary on recent changes in how we view work, customs and community, marriage, rituals, money, living arrangements, and spirituality, The New Better Off uses personal stories and social analysis to explore the trends shaping our country today. Martin covers growing topics such as freelancing, collaborative consumption, communal living, and the breaking down of gender roles. The New Better Off is about the creative choices individuals are making in their vocational and personal lives, but it's also about the movements, formal and informal, that are coalescing around the New Better Off idea—people who are reinventing the social safety net and figuring out how to truly better their own communities.

Raises the question of a person's right to death with a story about a paralyzed automobile victim who wishes to be permitted to die rather than be kept alive by mechanical means while his doctor maintains it is his professional duty to maintain life.

Is there something holding you back from becoming the person you want to be? Fear is all around us, from having a tricky talk with your boss to facing up to a problem at home. Everyone has worries and fears that can stop them progressing and reaching for the things that they really want in life. The simple, life-changing exercises in *Feel the Fear & do it anyway* will teach you how to turn anger into love and uncertainty into action.

Based on an innovative training programme, this book presents a systematic approach by which people can overcome feelings of self-doubt, anger, frustration and helplessness. Motivating concepts and techniques are outlined, designed to help readers face and conquer their fears. [taken from Amazon synopsis].

In the 1970s, two events in particular, the William Tyndale School and James Callaghan's Ruskin speech, generated extensive media coverage and political activity and became 'watersheds' along the path to political and educational reform. This has shaped the system of school and governments in the 1990s. This book revisits Tyndale and Ruskin and examines their legacy. Drawing on contemporary accounts of a number of key individuals who were involved in those watershed events, it recasts their stories in the light of current changes in education. The book explores the extent to which both these events shifted assumptions about education and provided the rationale for policy changes. It argues that fundamental questions need to be asked about the nature of the reform agenda and in particular, the balance of power. It also places the reform agenda within an international context.

We can't really prepare for grief. The only experts on grief are those who have survived it and then helped others do the same. Retreat leader, former psychotherapist, and bestselling author Paula D'Arcy is one of those experts. In *Winter of the Heart*, she shares her life's work, accompanying you through seasons of grief and the emotions that come with the loss of a loved one or after other major changes in life. *Winter of the Heart* is a companion for anyone early in grieving process—for the person experiencing shock, emotional pain, an inability to move, guilt, intense anger, and a range of other emotions that might be new to you. D'Arcy lost her young husband and toddler in a violent car accident more than four decades ago. She understands your grief and can also help you look to what's on the other side—hope, acceptance, recognition that what you are experiencing is both common and unique, and the essential counsel that you need not ever "get over it." *Winter of the Heart* is for those who mourn the death of a loved one, but it is also for counselors and pastoral ministers. You'll find D'Arcy's words relevant for other occasions when mourning can be painful, including the end of a marriage, job loss, and other major life changes.

The Paradoxical Commandments have been quoted around the world for decades. It all started when Kent Keith first articulated the ten timeless principles when he was a college student in the 1960s, and then put them into book form in the classic *Anyway*. His modern credo for finding personal meaning in the face of adversity became a sensation. Now the author returns to present an important and inspiring new book illustrating the Paradoxical Commandments through Bible stories and verses. In *Jesus Did It Anyway*, Keith draws from the Old and New Testaments, the teachings of Jesus and the apostles, and personal experiences to demonstrate how the Paradoxical Commandments are grounded in Scripture and the Christian faith. Each chapter offers inspiring stories that illuminate the Paradoxical Commandments by examining how Jesus and other biblical figures lived their faith—they faced tremendous adversity, but always knew they were divinely blessed. Keith reveals how answering Jesus's call to live a paradoxical life can lead to the deepest personal meaning and spiritual fulfillment.

Whose Book is it Anyway? is a provocative collection of essays that opens out the copyright debate to questions of open access, ethics, and creativity. It includes views – such as artist's perspectives, writer's perspectives, feminist, and international perspectives – that are too often marginalized or elided altogether. The diverse range of contributors take various approaches, from the scholarly and the essayistic to the graphic, to explore the future of publishing based on their experiences as publishers, artists, writers and academics. Considering issues such as intellectual property, copyright and comics, digital publishing and remixing, and what it means (not) to say one is an author, these vibrant essays urge us to view central aspects of writing and publishing in a new light. *Whose Book is it Anyway?* is a timely and varied collection of essays. It asks us to reconceive our understanding of publishing, copyright and open access, and it is essential reading for anyone invested in the future of publishing.

Bruce was the happiest pegasus in the seven worlds. As Master Wizard and Prince of New Avon, he ruled scores of outlying herds and commanded North America's most powerful source of magic: Mornwing Upwelling. He was young and handsome and newly life-mated to Alcyon Skydance Galeryon of the Far Isles, the most beautiful Pegasian princess he had ever seen. As we humans say, Bruce had it made. Then, suddenly: Transfer orders! His ancestral dimension was slated to be downsized to dandle fluff by the Great Herdmaster and the Council of Greater Sentient Species. As if that weren't enough, his gorgeous little princess became a headstrong, power-hungry nag, and then Bruce blundered into the arms of a very powerful, very inept witch. The woman most foully Enchanted him, and her polluting touch forced Alcy, her annoying fire-drake Maitland, and Bruce into exile in the mundane. Imagine! Pegasian Royalty in a stall! That's where the trio had to take refuge, though, thanks to Laura Hennessey LaCroix whose commands required Bruce to use every last ounce of magic and all his Powers—invisibility, mimicry, flight, telepathy, and Inspiration—to obey her or die. Thrown into the world of men, Bruce became an outlaw, lost his principality, and open a gifted man to dark and dangerous Powers. And, while Alcy and Bruce struggled just to stay alive, an evil, shape-changing monster declared war on them, their humans, and all of mankind!

Every winter, in hockey arenas across North America, as soon as the kids step onto the ice, the abuse begins. Coaches yell at the players, parents yell at the coaches, and everyone yells at the referees. After nearly a decade of coaching youngsters, Ed Arnold decided he wanted kids to learn the fundamentals of hockey but he also wanted them to have fun. He got support in this enterprise from two former NHL players,

goalie Greg Millen and forward Steve Larmer. Concerned that the children's game was being taken far too seriously by both parents and coaches, they also believed that the kids were losing the opportunity to reinvent the game for themselves. So it came about that in the winter of 2000, when the parents of the would-be Minor Novice Peterborough Petes showed up with their kids for tryouts, they were handed a letter outlining the coaches' new philosophy. There would be no yelling at players, coaches, or referees. Players would play all positions. They would not be forced to follow a "systems" approach to hockey, but would be left to figure out what to do in a given situation for themselves. And all members of the team would be given equal ice time. Not every parent liked it, but the kids sure had a good time. Readers of this inspiring book will have a wonderful time, too, as they follow the adventures of the team. Coach Larmer wears a Stanley Cup ring but he meant exactly what he said when he told a reporter that his year with the kids was the most fun he ever had in hockey.

"A perfect guide to getting the non-essentials out of the way, so that simple joys can make their way into our lives." -- Marianne Williamson, author of *A Return to Love* "If you want to grow, you gotta let go," is the mantra that bestselling author, columnist, and life coach Gail Blanke lives by. That means eliminating all the clutter - physical and emotional - that holds you back, weighs you down, or just makes you feel bad about yourself. In *Throw Out Fifty Things* she takes us through each room of the house - from the attic to the garage - and even to the far reaches of our minds. Through poignant and humorous stories, she inspires us to get rid of the "life plaque" we've allowed to build-up there. That junk drawer (you know that drawer) in the kitchen? Empty it! Those old regrets? Throw 'em out! That make-up from your "old" look? Toss it! That relationship that depresses you? Dump it! Once you've hit fifty (you'll be surprised how easy it is to get there) and once you've thrown out that too-tight belt and too-small view of yourself, you'll be ready to step out into the clearing and into the next, and greatest, segment of your life.

"The Art of Dying speaks to modern readers with refreshing frankness and wit. It covers the subject thoroughly, from how to inform relatives of impending death, to coping with pain and fear, to death rituals, to preparing for a possible afterlife or, depending on one's viewpoint, the end of it all." —Publishers Weekly "Along with our caring presence, this book may be the finest gift we can give someone facing the last stage of life." —Rabbi Harold Kushner, author of *When Bad Things Happen to Good People* "Dr. Weenolsen . . . doesn't duck the tough questions." —M. Brewster Smith, PhD, former president, American Psychological Association "This book gives the same things a good support group does—compassionate sympathy and practical advice for people sharing pain. It will be a godsend." —Rebecca Brown, author of *Gifts of the Body* "Begins with 'the day you receive the diagnosis' and the sudden realization that 'never again will you be as you were. Even if by some miracle you heal, it will be only temporary.' Weenolsen takes the panic and paralysis out of such news through wise, aggressive, no-holds-barred approaches." —Patricia Holt, *San Francisco Chronicle* "A book everyone can benefit from reading." —Nancy Pearl, author of *More Book Lust* "Also for family and friends of dying persons, for professionals in the health-care fields, and for those who train them." —Hannelore Wass, PhD, founding editor, *Death Studies*

What are you afraid of - and how is it holding you back? Whatever your anxieties, *Feel the Fear and Do it Anyway®* can teach you how to handle what life throws at you, allowing you take control, move forwards and live the life you want. First published over 30 years ago, Susan Jeffers' phenomenal classic has helped change the lives of over two million readers around the world. Her timeless advice is as important and relevant today as when it was first published: we live in an era governed by fear - fear of failure, of missing out, of rejection, of the future, of change, of not fitting in, of intimacy, of being alone, of growing old ... the list seems endless. We are also easily paralysed by fear of the things we need to do from driving or public speaking to making tough decisions or asking for what we want or need. Whatever your challenge and whatever fears are holding you back, Susan Jeffers' profound advice, insight and tools will help you move from a place of paralysis, pain and indecision to one of energy, enthusiasm and action.

The new Inspector Sam Blackstone mystery. July 1900, New York City. Sam Blackstone has gone to New York to pick up a prisoner, but he soon finds himself drafted in to investigate the murder of Inspector O'Brien who is famed for rooting out police corruption. Working with an enthusiastic young detective who worshipped O'Brien, Blackstone scours the city in search of the killer. And the more he searches, the more he becomes convinced that the police department doesn't really want the murder to be solved.

Life is full of opportunity for 20-somethings, but it's also far more pressured than ever before. Whether it's the proliferation or the homogeneity of images of beauty and success that wallpaper our world, we know what a beautiful woman looks like - and we know what a perfect life looks like too. We live in a world that floods us with expectations about everything - from what we should weigh to what we should wear to how often we should be having sex and how much money we should be making. As a consequence, we begin to feel that we need to tick all these boxes in order to have 'the Perfect Life'. When we inevitably fall short, we feel anxious - we feel that we are failing and have the sense we are losing control. As a result, increasing numbers of young women are battling with issues such as anxiety, low self-esteem, bullying, perfectionism, toxic friendships and relationships, pressure to succeed or conform, and poor body image. At an age when life should be exciting, fun and relatively care-free, more and more young women are adrift and struggling. Dr Linda Papadopoulos understands the issues and has the experience to guide and support young women to help get their lives back on track so they can feel happier, more confident, more in control. *Whose Life Is It Anyway?* offers valuable insight and practical self-help to empower women to throw off the burden of expectation and start leading the lives they want to lead.

Why do so many world-changing insights come from people with little or no related experience? Charles Darwin was a geologist when he proposed the theory of evolution. And it was an astronomer who finally explained what happened to the dinosaurs. Frans Johansson's *The Medici Effect* shows how breakthrough ideas most often occur when we bring concepts from one field into a new, unfamiliar territory and offers examples of how we can turn the ideas we discover into path-breaking innovations. Clayton M. Christensen, bestselling author of *The Innovator's Dilemma*, has described *The Medici Effect* as "one of the most insightful books about managing innovation I have ever read. Its assertion that breakthrough principles of creativity occur at novel intersections is an enduring principle of creativity that should guide innovators in every field." Now with a new preface and a discussion guide, and a foreword by Harvard Business School professor Teresa Amabile, *The Medici Effect* is a timeless classic that will help you reach your innovative peak.

The *Emotionally Intelligent Leadership for Students: Workbook* is a "working book" that brings further understanding and relevancy to the *Emotionally Intelligent Leadership for Students (EILS)* model. It includes modularized learning activities for each capacity, as well as case studies and resources for additional learning. It is designed to be used as part of a facilitated course or workshop, either as follow-up to taking the *EILS Inventory* or as a supplement to the book *Emotionally Intelligent Leadership: A Guide for College Students*.

"I would love for my younger fans to read *What Will It Take to Make a Woman President?* by Marianne Schnall. It's a collection of interviews and essays by great women, including Maya Angelou, Gloria Steinem, and Melissa Etheridge. They will inspire you to become a better leader." —Beyoncé Prompted by a question from her eight-year-old daughter during the 2008 election of Barack Obama, "Why haven't we ever had a woman president?", Marianne Schnall set out on a journey to find the answer. A widely published writer, author, and interviewer, and the Executive Director of *Feminist.com*, Schnall began looking at the issues from various angles and perspectives, gathering viewpoints from influential people from all sectors. *What Will It Take to Make A Woman President?* features interviews with politicians, public officials, thought leaders, writers, artists, and activists in an attempt to discover the obstacles that have held women back and what needs to change in order to elect a woman into the White House.

With insights and personal anecdotes from Sheryl Sandberg, Maya Angelou, Gloria Steinem, Nancy Pelosi, Nicholas Kristof, Melissa Etheridge, and many more, this book addresses timely, provocative issues involving women, politics, and power. With a broader goal of encouraging women and girls to be leaders in their lives, their communities, and the larger world, Schnall and her interviewees explore the changing paradigms occurring in politics and in our culture with the hope of moving toward meaningful and effective solutions, and a world where a woman can be president.

Ghosts and Physics tells the story of a paranormal-loving English nerd named Katie who teams up with Mick, an almost-doctor of physics, to prove Katie's unconventional theory about what ghosts really are: not necessarily spirits, but living, breathing people who are merely "out of time" for a moment. Mick's experimental time-shifting machine has already wreaked humorous havoc on their lives, but it's about to wreak even more. They find themselves trapped in tiny-town, rural Texas hiding from a bad guy of mysterious origins while navigating the dramatics of public high school teaching, tracking down ghosts, and maintaining the time/space continuum as we know it.

Dr. Kent Keith published the Paradoxical Commandments as part of a book he wrote for student leaders in the 1960s when he was an undergraduate at Harvard. These maxims for finding meaning in the face of adversity took on a life of their own, making their way into countless speeches, advice columns, books, institutions, and homes around the world. They were even found on the wall of Mother Teresa's children's home in Calcutta. They became the basis of Keith's bestselling book *Anyway: The Paradoxical Commandments*. *Do It Anyway* expands on the vision behind the Paradoxical Commandments. It includes forty stories of people who live the commandments each day and gives you the examples, tools, and encouragement to find personal meaning and deep happiness, no matter who you are or what your circumstances, even when times are tough.

Stand up to anxiety and take back control Is anxiety running your life? Does it dictate where you go, what you do, or who you spend time with? Does it keep you trapped in a bubble of fear and panic? Anxiety can happen anytime, anywhere—that's why you need simple, in-the-moment skills to stay grounded when worry takes hold. This user-friendly guide will help you gain the upper hand on anxiety, and stop avoiding the people, places, and things that make you anxious—and start living the life you were meant to live. In *Show Your Anxiety Who's Boss*, you'll find a practical and direct three-step approach grounded in cognitive behavioral therapy (CBT) to help you respond to anxious thoughts, respond effectively to future challenges, and make peace with uncertainty. If you're ready to live a full and vital life without anxiety constantly getting in the way, this straightforward guide will show you how to get back on track. With this powerful book, you'll learn how to: Make useful predictions, instead of anxious fictions Take action and overcome avoidance Accept and redirect anxious or negative thoughts "A wonderful resource for anyone struggling with anxiety." —David F. Tolin, PhD, ABPP, author of *Face Your Fears* "Joel Minden has taken wisdom from decades of anxiety treatment research and distilled it into an accessible, compelling book." —Kathryn H. Gordon, PhD, psychologist

Explores how women can use psychological and spiritual tools to create a more fulfilling way of life and to attain happiness and freedom from the have-it-all superwoman culture.

If you care about social change but hate feel-good platitudes, *Do It Anyway* is the book for you. Courtney Martin's rich profiles of the new generation of activists dig deep, to ask the questions that really matter: How do you create a meaningful life? Can one person even begin to make a difference in our hugely complex, globalized world?

NEW EDITION, REVISED AND UPDATED World-renowned psychiatrist Viktor Frankl's *Man's Search for Meaning* is one of the most important books of modern times. Frankl's personal story of finding a reason to live in Nazi concentration camps has inspired millions. In *Prisoners of Our Thoughts*, Dr. Alex Pattakos—whom Frankl urged to write this book—elaborates seven "core principles" based on Frankl's philosophy and demonstrates how they can help us find meaning in our everyday lives and work. This second edition features new stories and examples of people who have applied the principles in the book or who exemplify them; new practical exercises and applications; and a new chapter, "The Meaning Difference®," which summarizes research demonstrating the critical role of meaning in improving the quality of people's lives, increasing happiness, promoting health and wellness, and achieving their highest potential.

The *Birth Mandalas* book includes mandala art, a guided visualization and thought provoking exercises for an empowering childbirth experience. A birth mandala is sacred art for childbirth. The mandala appears from a dark background, like the baby emerging from the darkness of the womb into the light. Enjoy creative processes that access the subconscious. The way childbirth is perceived influences labor and birth. Subconscious beliefs, formed from what you've seen, heard or experienced, can either sabotage or affirm your conscious intentions. Learn how to effortlessly re-write limiting beliefs with ones that assist you during childbirth. Your birth mandala embodies your new beliefs and vision for labor and birth with symbols, images, designs and words. You will find women's mandalas, journals and their after-birth reflections. From Shannon's healing of past sexual abuse, Amy's strength and courage, to Stacy's power of intention, the themes and revelations are as unique as their mandalas. Creating a birth mandala is an invaluable gift you give yourself for childbirth. "It is the gift that keeps on giving," exclaims Stacy, a workshop participant.

Do It Anyway The New Generation of Activists Beacon Press

CMJ New Music Monthly, the first consumer magazine to include a bound-in CD sampler, is the leading publication for the emerging music enthusiast. NMM is a monthly magazine with interviews, reviews, and special features. Each magazine comes with a CD of 15-24 songs by well-established bands, unsigned bands and everything in between. It is published by CMJ Network, Inc.

Excuses are what stand between success and failure. Hence, it's important that you identify the characteristics needed to move past life's hurdles. In this book, you will discover the courage, power, and resilience necessary to push you forward. After taking the journey with iconic women in the Bible, you are sure to remove all barriers that attempt to block you from accomplishing your dreams. Challenges will become opportunities, difficult test will become testimonies, and your setbacks will become platforms for a comeback. The reader is left with no other option but to relinquish all excuses and adopt the motto "Do it Anyway!"

Everyday life should inspire you. Your joys and successes should inspire you to anticipate the rewards of your hard work. Your disappointments should inspire you to find new ways to achieve that which you desire. Olivia Rose is affectionately called by her family and friends as 'Liv' and the title of this book is a deliberate pun on her first name as she encourages us all to live inspired through nature, people, sports, things and generally through life's events and experiences.

Helps couples use separation to learn, develop, and then recommit to their relationship with adjusted expectations, perspectives, skills, and a stronger sense of themselves. A step-by-step process pinpoints 10 essential tasks necessary to maneuver through what is most often a highly stressful experience.--From amazon.com.

How can language learning in the formal context of the classroom contribute to the learners' communicative competence, whilst at the same time enhancing their general learning skills and preparing them for life long learning? Such a challenge is complex, as is catering to the needs of individual students in a group learning context. This book explores ways in which a traditional task-based approach to language teaching,

can be extended to help students not only to become more skilful language users, but to become more skillful learners in the process. Growing up with an alcoholic parent, Lawanna Lynn (Lynn) walked on eggshells and learned to be submissive and codependent. She sought comfort and solace in Christianity and married at an early age. On the outside, Lynn and her husband were the perfect couple; but secretly, for nearly 23 years, she endured domestic violence that included rape and assault at the hands of her husband, who was also a business owner and church leader. Join Lynn as she attempts to get help from some religious leaders who instead told her to keep silent about the abuse and his addiction to drugs and alcohol, extramarital affairs, and destructive behavior. Learn what she did right, what she did wrong, the warning signs of domestic abuse, and the five deadly marriage deal-breakers. Walk with her as she takes matters into her own hands and gets the legal, therapeutic, and spiritual help needed to make a new life for herself and build healthy relationships. This poignant, true story will take you on a journey from the pulpit to the prison cell as Lynn strives to set herself free from a life of pain, shame, and guilt. Find out if she keeps the faith or if she turns away from God as she faces her most devastating challenge of all, and learn how you can break the cycle of abuse. This gripping tale of a pastors wife will keep you riveted to every word until the amazing surprise ending! For more information go to www.issshedeadyet.com.

If you read only one self-help book this year, make *Self-Empowerment: Have the Life You Want!* it. It's the portable therapist to help you close the gap between how life is, and how you would like it to be, in important areas of your life, such as your Mental Health, Health, Career, Relationships, Finances, Family, Community, and Spirituality, based on over 20 years of counseling, psychotherapy, and coaching by Ken Howard, LCSW.

Internationally renowned author, Susan Jeffers, has helped millions of people round the globe to overcome their fears and heal the pain in their lives. Her now classic work, *Feel the Fear and Do It Anyway*, has been a huge worldwide success and continues to ride high in the bestseller charts because it showed us all, in simple terms, how to transform our anxieties into confidence, action and love. *Feel the Fear...and Beyond* is a practical companion to this important book - yet it also stands alone as a must-have for facing life and facing fears in the twenty-first century. Filled with valuable exercises, it is designed to teach us that we can handle whatever life brings us in a powerful and life-affirming way. Susan Jeffers encourages us to make full use of these valuable tools when we are fearful of making changes or confronting new situations in our lives.

Achieve Financial Freedom from *Life with Chellie Campbell's No-Stress Success Plan!* Why is it that women are earning more than ever before yet still feel powerless when it comes to money? When it comes to financial security, it's time for us to stop feeling insecure. From *Worry to Wealthy* is the guide every savvy career woman needs to succeed on her own terms. In this empowering book, personal finance guru Chellie Campbell draws on proven strategies from her popular Financial Stress Reduction workshops to help women win at work and life, including how to: •Harness the four Cs of career success: Confidence, Charisma, Clients, and Cash •Avoid common pitfalls like the Attitude That Will Kill Your Business: "I Can't Do It Myself" and working for praises vs. raises •Earn support for your goals from spouses and loved ones •Gain business knowledge from everything you do (even playing poker!) With her unique female perspective, relatable anecdotes, and easy-to-follow advice, Campbell offers an indispensable road map for every woman to create a successful, happy life at any time.

"Chellie does a brilliant job providing a road map for mastering the financial tools necessary to lead a life created by you and for you. A must-read-and a gift-for every woman at every stage of life."-Betsy Myers, founding director of the Center for Women and Business at Bentley University and former White House adviser on women's issues "If you're looking to master your money and your life, you've got to read this book."-Carol Kline, coauthor of New York Times bestsellers *Happy for No Reason* and *Love for No Reason*

'NOOR HIBBERT IS A FORCE OF NATURE AND HER BOOK IS A CANDID, NO-BULLSH*T BLUEPRINT FOR LIVING YOUR MOST AMAZING LIFE. INVIGORATING AND INSPIRING!' Sarah Knight, New York Times bestselling author of *The Life-Changing Magic of Not Giving a F*ck* 'A ROUSING GUIDE ON HOW TO BUILD MOMENTUM TOWARDS YOUR GOALS, QUASH YOUR INNER DOUBTS AND CHARGE AT WHAT YOU REALLY WANT', RED Magazine JUST F*CKING DO IT will take you on a mind-altering journey of self discovery and personal transformation using an approach which combines psychological rigour with spiritual power - helping you to become the best version of yourself and create a life of happiness and abundance. True personal development can only be achieved by changing how you think and interact with the world. This book, by the creator of the hit 'Think It, Get It' podcast, will demonstrate that, alongside purposeful and practical steps to improve your life, you have the power to multiply your success and happiness by harnessing the Law of Attraction.

Whatever obstacles you face, this book will show you how to stop thinking small, make positive changes and live the life you deserve. There is a place in the world that only you can fill and it has been designed especially for you. No one else can fill that place, that purpose, that connection to others but you. Challenge yourself to continue the journey even when someone tells you no, or yet another door closes and the doctor's report is bad. The truth is you will not leave earth until your appointed time to do so and the fact that you are still here should tell you that you are not done. The dream, the passion, the vision that you may have felt since early childhood, I believe was given to you by God, who gave you dominion over the earth, therefore you already have everything you need to manifest it. Be tenacious about your life journey, be determined to fulfill your dream.

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